

BAMBOO  
HOUSE

— SPA —

MESSAGE BY MICHELLE

**BOOK A MESSAGE TODAY**

**[SPA@BAMBOOHOUSE-SXM.COM](mailto:SPA@BAMBOOHOUSE-SXM.COM)**

**IG: @BAMBOOHOUSESXM / FB: @BAMBOOHOUSESXM**

**150 UNION ROAD, COLE BAY**



## MASSAGE

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**Massage therapy for children available\***

**Deep Tissue Massage** 1hr-\$120 90min-\$160

*Offers both physical and psychological benefits. It can relieve muscle pain and stiffness and provide stress-relieving relaxation for the body.*

**Swedish Massage** 1hr-\$100 30min-\$60

*A classic massage that is relatively gentle and focuses on the body's superficial layers.*

**Aloe Vera Massage** 1hr-\$130 30min-\$75

*Helps heal sunburns, soothes inflammation, reduces scarring and repair dead skin.*

**Aromatherapy Massage** 1hr-\$120

*Great for soothing and relaxing the mind with different blends of aroma essence oils and candles.*

**Hot Stone Massage** 1hr-\$130

*Relief muscle, tension and boosts circulation in the body.*

**Relaxation Massage** 1hr-\$110

*Relieves stress, anxiety, and depression and enhances the quality of sleep.*

**Bamboo Massage** 1hr-\$150

*A massage using the heat from the bamboo stick to alleviate muscle tension; pain and ache; improve joint function; increase circulation and enhance quality of sleep.*

**Back, Neck & Shoulder Massage** 30min-\$50

*It is quick massage that helps relieve the trapezius muscle also for the back and neck for 30 minutes.*

**Couples Massage** 1hr-\$250

*When two masseuse work together in the same room with a couple, of any massage of your choice.*

**Lymphatic Drainage Massage** 1hr-\$130

*A technique that stimulates the lymph system and improves the flow of lymph fluid while removing waste and toxins from the body.*

**Sports Massage** 1hr-\$120

*A type of massage that can benefit athletes and non-athletes by preventing or relieving delayed onset of muscle soreness.*

**Reflexology Massage** 30min-\$70

*A massage that applies pressure to specific points in the feet and hands.*

## FACIAL SKIN CARE

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**Basic Facial** 45min-\$70

**Deep Cleaning Facial for Men** 60min-\$90

**Anti-wrinkle Facial** 1hr-\$100

**Hydro-moisture Facial** 1hr-\$85

**Smooth Sensitive Facial** 1hr-\$85

**Under-eye Treatment + Facial** 1hr 15min-\$110

**Under-eye Treatment** 30min-\$45

## BODY CARE

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**Body Scrub** 30min-\$50

**Body Wrap** 45min-\$60

**Bamboo Signature Body Care** 2hrs 30min\$250

*Includes Bamboo massage, facial, body scrub and wrap.*

**Cellulite Care which includes 6 to 12 sessions – Price depends on session. Consultation is free.**

————— *Gift Certificates are available.* —————



### Opening Hours

**10am – 5pm – Monday to Saturday**

**Sundays earlier or later hours on request**

### Contact Us

For Appointments

  +1 (721) 588-2154

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